



## Sutton REALTOR® Joins in the Walk to Fight Arthritis



**Whitby, ON** – Arthritis can affect anyone—from young children to the elderly—yet it garners less attention and less research funding than many other ailments. Phil Small was diagnosed with juvenile rheumatoid arthritis nearly 25 years ago and understands the daily challenges. He was proud to brave the wind and rain on June 4, 2017 to raise money and awareness in his local *Walk to Fight Arthritis*. This REALTOR® donated/collected \$750, which contributed to the national total of \$1.25 million for the Arthritis Society.

“I decided to get involved because I have struggled to manage my rheumatoid arthritis for nearly 25 years,” says Phil. “It feels good to do something proactive to better not only my own circumstance, but the quality of life of many other people.”

More than 4.6 million Canadians live with arthritis and, in severe cases, it can prevent them from doing basic tasks such as driving a car, or buttoning up a shirt. The proceeds of the *Walk to Fight Arthritis* will help to fund programs and research to bring us closer to a future without arthritis.

Although it was rainy and foggy, approximately 100 people took part in the Peterborough walk. Phil was joined by his wife Erin and their dog Murphy, who he calls his two greatest supporters, although the dog looks like he is eager to abandon the effort! Buffeted by wind and rain, they completed the route in “record time” to seek a warm, dry spot.

Normally, the *Walk to Fight Arthritis* offers participants a chance to socialize at a barbeque with live music on a pleasant spring afternoon. Phil encourages others to consider joining in next year; it is always rewarding.

This year, more than 8,000 people came together in 41 communities across the country to participate in the walk. For more information, please visit [www. http://arthritis.ca](http://arthritis.ca).

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